CLIMB KRAFT

FITNESS+YOGA | 2025

	FITNESS		YOGA			CLIMB	
	MONDAY TUESDAY			WEDNESDAY	THURSDAY		SATURDAY
6:15 AM	VINYASA FLOW VICTORIA						
9:15 AM							
12:00 PM							
5:30 PM	MOBILITY FOR CLIMBERS NICK	MOBILITY F CLIMBER NICK				B SESSIONS OLIVIA	
6:30 PM		INTRO TO BOULDERI MAGGIE	NG				